



A PARENT'S GUIDE TO SUPPORT LEARNING FROM HOME

Winnipeg School Division has developed the following suggestions for families as they learn remotely from home.

1. CREATE A SPACE FOR LEARNING

- If possible, choose a comfortable space where there are few distractions.
- Siblings may need to work in different spaces to avoid distraction.
- If you have headphones or earbuds, these would be helpful.

2. CHECK IN WITH YOUR CHILD IN THE MORNING AND END OF THE DAY

In the morning, ask your child:

- What classes/subjects do you have today?
- Do you have any assignments due?
- How will you spend your time?
- What resources do you need?
- What can I do to help?

At the end of the day, ask your child:

- How far did you get in your learning tasks today?
- What did you discover?
- What was hard?
- What could we do to make tomorrow better?

3. STAY IN TOUCH

- Communicate regularly with your child's teachers for guidance and support.
- Teachers will provide learning opportunities through a number of formats which may include home learning packages, online lessons, or assignments and projects posted on learning platforms such as Seesaw, Google Classroom, or Microsoft Teams.
- Contact your child's teacher should your child have any questions regarding logging into these platforms or accessing assignments.
- Should you require technical support with your WSD device please contact our technical service team by email at studenttechsupport@wsd1.org or by calling 204-775-0231 EXT 534.

4. BE SUPPORTIVE OF YOUR CHILD'S LEARNING

- We recognize that parents may also be working from home. Please consider balancing your work schedule with your child's learning.
- The support you provide your child will vary depending on the assignments from teachers.
- You will likely need to make adjustments as you and your child settle into daily routines and as the learning activities change.
- Be curious and let your child know you are interested in what they are learning by asking questions and sharing your own wonderings.
- Recognize that learning takes time, perseverance, and practice. This is also a good opportunity to make meaningful connections.
- Encourage positive communication when learning together.
- Reinforce good learning habits and celebrate and share your child's learning and successes.

5. ENCOURAGE PHYSICAL ACTIVITY AND EXERCISE

- Living and working at home, we will all need some room to let off steam.
- It is a great opportunity to practice exercising and setting small fitness goals and activities that keep hands busy, feet moving, and minds engaged.